



Short Update 1 COVID-19 Coronavirus Disease 5th of March 2020



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Distribution of COVID-19 cases as of 04 March 2020



News:

- 12 new states reported cases of COVID-19 in since the last update.
- New cases decrease in CHN but increase outside CHN with South Korea counts for more than half of all cases outside CHN.
- More than 130 countries have not detected any cases yet.
- The epidemics in the Republic of Korea, Iran, Japan and Italy are the most concerned by WHO. The four countries account for 81% of cases outside of CHN.
- Especially the increase of COVID-19 cases in the Eastern Mediterranean Region is of great concern as their level of preparedness is very low. A team of WHO experts travelled to Tehran, Iran to support the COVID-19 response. To identify transmission dynamics and at-risk populations, and provide technical guidance.
- Containment remains the top priority for all countries. Early robust measures are key to saving lives and halting transmission.

Risk Assessment

China/Wuhan/
South Korea/
Iran/Italy

* Risk area! The risk for people travelling/resident in areas with community transmission in high amount all over the country is currently very high..

EUROPE

- * The risk for importing the virus into Europe is currently moderate to high.
- * The risk of acquiring the disease travelling/resident in areas with no cases, or multiple imported cases, or limited local transmission, is currently considered low to moderate
- * The risk of acquiring the disease travelling/resident in areas with more widespread local transmission is currently considered to be high.

GLOBALLY

* Because of high amount of touristic traffic and the potential human-to-human transmission the high risk of further transmission persist.

EUROPE
4.330 confirmed cases
29 countries
114 death

ASIA
&
Western
Pacific Region
86.912 confirmed cases
3.060 death

Eastern
Mediterranean
Region
3.151 confirmed cases
94 death

AMERICAS
REGION
216 confirmed cases
11 death

AFRICA
19 confirmed cases
0 death

GLOBALLY

95.411
Confirmed cases

77 countries
3.285 death

CHINA

80.409
confirmed cases
3.012 death

Outside CHINA

15.002 confirmed cases
273 death

ITALY

2.502 confirmed cases
80 death

Preparedness and Response

Basic protective measures against COVID-19:

- Perform hand hygiene frequently. Hand hygiene includes either cleaning hands with soap and water or with an alcohol-based hand rub. Alcohol-based hand rubs are preferred if hands are not visibly soiled; wash hands with soap and water when they are visibly soiled;
- Cover your nose and mouth with a flexed elbow or paper tissue when coughing or sneezing and disposing immediately of the tissue and performing hand hygiene;
- Refrain from touching mouth and nose.

See also: <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public>

- A medical mask is **not** required if exhibiting no symptoms, as there is no evidence that wearing a mask – of any type – protects non-sick persons. If masks are to be worn, it is critical to follow best practices on how to wear, remove and dispose of them and on hand hygiene after removal.

- Patients with symptoms like coughing and fever are only suspected cases after full anamnesis (travel anamnesis, contact with people coming from affected regions etc.). Please see WHO :

[https://www.who.int/publications-detail/global-surveillance-for-human-infection-with-novel-coronavirus-\(2019-ncov\)](https://www.who.int/publications-detail/global-surveillance-for-human-infection-with-novel-coronavirus-(2019-ncov))

- For MTFs and clinical personal handling COVID-19 patients please see here:

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/technical-guidance/infection-prevention-and-control>

- All WHO technical guidance regarding COVID-19 you can find here: <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/technical-guidance>

Travel Informations

- Avoid nonessential Business travels, particularly while traveling to an Risk area (eg China, Iran, Italy, Japan, South Korea).
- Check your national foreign office advices for regulations of the countries you're traveling or regulations concerning your country.
- Informations about the latest travel regulations you can find here: <https://www.iatatravelcentre.com/international-travel-document-news/1580226297.htm>
- WHO informations for people who are in or have recently visited (past 14 days) areas where COVID-19 is spreading, you will find here: <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public>
- General recommendations for personal hygiene, cough etiquette and keeping a distance of at least one metre from persons showing symptoms remain particularly important for all travellers.
- People returning from affected areas (= countries, provinces, territories or cities experiencing ongoing transmission of COVID-19, in contrast to areas reporting only imported cases) should self-monitor for symptoms for 14 days and follow national protocols of receiving countries. If symptoms occur, such as fever, or cough or difficulty breathing, persons are advised to contact local health care providers, preferably by phone, and inform them of their symptoms and their travel history.